



GLENROTHES HILLWALKERS CLUB

WALKING PROGRAMME JULY--DEC 2021

BUS AND TRAVEL ARRANGEMENTS

The bus departs from the car park at Glenrothes Town Centre outside Boots at 7.30am. To guarantee a seat on the bus it must be booked and paid for on the Tuesday Club Night preceding the Sunday walk.

Please note that booking a seat results in an obligation to pay irrespective of whether the individual subsequently cancels. Refunds can only be given if you arrange for someone to take your place.

Bus Convenor June Smith Telephone 01592 745613
Walks George Walkingshaw " 01592 744857 or 07876381082

NOTES ON CLUB WALKS

Safety and Good Practice

Members are responsible for their own safety and should contribute to safe completion of the walk by all, within the estimated time. In the event of members being unable to complete the walk, at least two others, or the whole group, should accompany them off the hill.

You'll be out all day on most walks. Check that you have:

- Waterproof jacket and trousers
- Spare clothing in your rucksack
- Extra food and drink for unexpected delays or emergencies
- + A map and compass

Further advice and help can be found in the Information Pack and by talking to members of the committee.

Description of Levels of Walks

- A) Means a challenging route for people with hillwalking experience and knowledge of how to navigate in poor conditions. Summits and ridges, usually 1000 metres/3000ft plus 'Munros'. Winter will often require ice axe and crampons.
- B) Means a high level route at a slightly slower pace, often one Munro or a Corbett. You should also know how to navigate in poor conditions. An ice axe and crampons may still be required in winter.
- C) A lower level walk, often on paths and tracks but may also cross open countryside. The route could be steep in parts. In winter icy paths may be encountered, but should not require an ice axe.

Time estimator factors used in this set of walks

Grade of Walk	Average Pace km/hr	Ascent Factor
A	4.5	1hr per 400m
B	4.0	1hr per 350m
C	4.0	1hr per 300m

In addition to this there will usually be approximately 40 minutes of stoppage time for every 6 hours of walking. Stoppage times have been **included** in the overall walking time

Members interested in developing their "skills for the hills" are encouraged to take advantage of the wide range of material and training opportunities provided by the club – see Information pack

Sunday 11th July

Braemar

Walk A&B

Carn Bhac GR051832

OS43

This route starts from Inverey GR088893. follow the track S up Glen Ey as far as Auchelie (ruin) GR087863(1hr 10mins), take the track on your right as it climbs on to the shoulder of Carn nan Seileach towards spot height 731 and on to Carn Creagach GR069830(2hrs 30mins)

Now turn W down to the bealach and NNW to the summit of Carn Bhac(1hr)

Return by outward route but Carn Creagach can be bypassed by cutting across at the head of Allt Carn Bhathaich, follow the track back down to Glen Ey and to the starting point(2hrs 40mins)

Take time to visit the "Colonel's Beds"

18km & 870mts climbing 8hrs approx **This is timed at B pace**

Walk C

A93--Loch Callater--Braemar

OS43

From the layby on the A93 take the path heading E on the S side of the burn, the path climbs steadily through the heather over the Bealach Buidhe and drops down to Loch Callater(2hrs) It should be feasible to walk around the loch either way unless there has been heavy rain, a decision can be made on the day(1hr)

There is a lovely bothy next to Lochcallater Lodge, Prince Charles is known to have visited here. Follow the track NW & N down Glen Callater to the main road the A93 and Achallater Farm(1hr 20mins)

Take care as you cross the busy main road, turn left and walk up the road for approx 100yds, there's a path at the side of the fence that takes you down to a bridge over the Clunie Water GR155883, the path takes you up to a minor road, follow the road N towards Braemar.

Just past the Golf Club GR150904(50mins) there's a path goes off to your left that takes you up to a lovely viewpoint GR142905 and a circular route in to Braemar(1hr)

You should have plenty of time for a wander about and a refreshment in the Invercauld Hotel

18km & 500mts climbing 7hrs approx

Drop off C then A & B

Pick up A & B then C

Sun 8th Aug

Crianlarich

Walk A **An Caisteall GR378193 & Beinn a' Chroin GR388186** **OS51/56**

Start from the car park just off the A82 GR368238 follow the track under the railway line & over the River Falloch by the bridge & up the W side of the river.

Leave this track after approx 1km & climb S up the grassy slopes of Sron Garbh (2hrs), following the path along the ridge (Twisting Hill) this is quite level for a good bit before the final rise over a rocky knoll to the summit of An Caisteall (1hr 10mins)

Descend the S ridge which is grassy at first but it gets steeper & rockier lower down towards the bealach (30min), where you now climb the zig zag path on the craggy NW ridge of Beinn a' Chroin (45mins.)

For the return route you now drop down E towards the col between the 2 tops .942 & .940 & then turn NE down the grassy ridge heading for the stream junction in the Coire Earb GR390207 (50mins)

Continue down the Coire on the W side of the River Falloch to meet the track back to the starting point (1hr)

14km & 1000mts climbing approx 7hrs

Walk B **An Caisteall GR378193** **OS51/56**

Same route as group A but returning to the start point by the outward route

Start to approx GR375230 (30mins), Sron Garbh (1hr 40mins), An Caisteall (1hr 30mins)

Return to start (1hr 30mins)

10km & 850mts climbing approx 6hrs

Walk C **Glen Ogle, Gleann Dubh & Glen Kendrum Circular** **OS51**

Start from the car park at the top of Glen Ogle GR560280 & follow the minor road to Glenogle Cottages then in to the forest as far as GR543293, taking the track on your left, this track exits the forest and in to Gleann Dubh at GR531281 (1hr 20mins.)

The track climbs gradually S as it passes between the 2 corbetts of Creag MacRanaich & Meall an t-Seallaidh, lovely open country (2hrs.)

The track now descends in to Glen Kendrum where it reaches the old railway line at GR578227 (1hr 20mins)

Follow the path just NE of Edinchip as it drops down to the Rob Roy Way then past Craggan then a walk along the pavement & in to Lochearnhead & pick up at the pub (1hr)

16km & 450mts climbing approx 6.5hrs

Drop of C then A & B

Pick up A & B then C

Walk A**Ben Vane GR535137 -- Kingshouse GR564205****OS57**

Starting from Brig O'Turk GR535066 take the road that heads past the school and on to a track that runs above the Power Station heading for Glen Finglas Res

Just before you cross the bridge at GR531090 (1hr) take the track on the right that heads up in to Gleann Casaig to Stuc Dubh GR553125 (2hr15min.)

Now follow the boundary line over Creag Chaoruinneach to spot height 753 & the final climb on to Ben Vane (1hr 15min)

From Ben Vane turn NW towards Lianach then down the NE slopes towards Ballimore farm GR530175 (1hr)

Follow the road N towards Balquidder (50mins)

The final stretch is E along the minor road, taking great care watching for traffic & on to the pickup at the Kingshouse Hotel and a wee refreshment (50mins)

20km & 900mts climbing approx 7.5hrs

Walk B**Ben Ledi GR563098****OS57**

From the A821 just outside Callander at GR608082 follow the Rob Roy Way towards the Falls of Leny as far as the bridge at GR586093(car park here) (1hr)

Take the path that climbs W through the trees & on to the open hillside below the crags to the E of Ben Ledi (1hr 20min)

The path now turns sharply S & then climbs N & up the steep slopes to Ben Ledi (1hr 40mins)

Return by the outward route to the starting point and then follow the Rob Roy Way in to Callander and the pick up at the car park (2hrs 20mins)

15km & 900mts climbing approx 6.5hrs

Walk C**Rob Roy Way****Callander--Kingshouse****OS57**

This is a reasonably level route all the way to the wee village of Strathyre passing the Falls of Leny then the car park for the route to Ben Ledi GR586093 (1hr)

You are now walking along the shore of Loch Lubnaig past Laggan Cottage (2hrs) & crossing the bridge at GR560173, turning right & in to the village of Strathyre (1hr), a nice spot for a break

To pick up the RRW you must cross the A84 taking great care watching for traffic

The path now climbs through the trees and then heads N to the Kings House Hotel GR564205 & the pick up (2hrs)

18km & 500mts climbing approx 7hrs

Drop off B & C then A

Pick up altogether

Sun 10th Oct

Glenshee Ski Centre

Walk A & B

**The Cairnwell GR134792 Carn a' Gheoidh GR107767
Carn Aosda GR135792**

OS43

From the large car park GR141778 before the ski centre, climb up the NE slopes towards the Cairnwell, although steep, the ground is short heather so should make for good walking, when you reach the ridge it should only be a small walk to the summit(1hr)

Walk NW down the ridge to GR130782 now turn W, SW and W again, going over Carn nan Sac(1hr) and approx 1.5km further on the summit of Carn a' Gheoidh(40mins)

Return to GR130782(40mins) and climb N and NE to reach the stony top of Carn Aosda(50mins)

From the top of Carn Aosda you can descend via the ski tows or walk back to GR127787 and descend E down to the ski centre and back to the car park(50mins)

13km & 670mts climbing approx 5.5hrs **This is timed at B pace**

Walk C

**Cateran Trail
Spittal of Glenshee—Enochdhu--Kirkmichael**

OS43

From the Spittal we follow the Cateran Trail SW to Enochdhu then SE to Kirkmichael, I think this is one of the best sections of the trail. This is an easy going walk with most of the climbing done at the beginning.

From the Spittal climb over the stile and take the path heading SW up towards An Lairig GR095685(1hr 40mins)

You now descend towards the bothy GR083674(30mins) a lovely spot to have a break. Just after the bothy there's a track on the left which loops around and meets up with the trail again at GR073644, this adds about 30mins to the walk, a decision can be made on the day.

Still heading SW you enter Calamanach Wood(30mins), ignoring all tracks heading right and left keep going until you reach the village of Enochdhu(1hr)

From Enochdhu take the minor road over the River Ardle, turn left and follow the Trail SE to Kirkmichael approx 4.5km(1hr 20mins)

The pick up will be at the Hotel

14km & 400mts climbing approx 5.5hrs

As there is plenty of time on this walk, after crossing the bridge at Enochdhu you can make a small detour and head NW and visit the Standing Stone Field Centre

Start C then A & B

Pick up A & B then C

Sun 7th Nov

Drumochter

Walk A&B

Beinn Udlamain GR579740 & Sgairneach Mhor GR599731

OS42

Start from the layby at GR632755 and walk S for a few hundred yards to access the passage that goes under the railway, you then follow this track as it goes W up Coire Dhomain, follow the track all the way to approx GR600747(2hrs)

Keeping the stream on your right climb to the bealach at the head of Fraoch Coire(1hr)

Follow the ridge S then W and SW again to the summit of Beinn Udlamain(1hr)

Descend S for approx 1km to the bealach at the head of Coire Dhonhain then climb E and NE up the broad ridge to Sgairneach Mhor(1hr 10mins)

Descend NE to spot height 758 then N to the Allt Coire Dhomain(there's a bridge across the river not shown on the map)

Follow the track E back to the starting point(2hrs)

14km & 750mts climbing approx 6.5hrs **This is timed at B pace**

Walk C

Glen Tilt Circular

OS43

Start from the road end GR876656 that goes up to Old Bridge of Tilt turn left and cross the bridge over the River Tilt and after approx 150yds take the track on your right GR875664(20mins)

Follow this track as it winds N on the W side of the river to a bridge at GR881685(50mins), you now cross over to the E side of the river and following the track still heading N to Gilbert's Bridge and Marble Lodge GR901718(1hr 30mins) This is as far as we go.

On the return at Gilbert's Bridge GR881701(50mins) you have the choice of returning on the W or E side of the river and follow the outward route back to Blair Atholl

When you get to the end of the track GR875664 you can either go back over the bridge to Old Bridge of Tilt or go through the Blair Castle estate/caravan park.

Make for the Atholl Arms Hotel at the Railway Station(1hr 40mins)

16km & 350mts climbing approx 6hrs

Drop off C first then A & B

Pick up altogether at the Atholl Arms Hotel

This is normally our High Tea Walk but as yet due to covid restrictions we don't know what the situation will be at this time

Sun 12th Dec

John Muir Way

Altogether A & B & C

Barns Ness—Pease Bay

OS67

Start from the car park at White Sands GR713773 follow the coastal path past Barns Ness Lighthouse GR723773 and on to Skaterow Harbour and Torness Power Station(1hr 20mins)

Keep to the coastline through Thornton Loch Caravan Park.

At GR72723 you now take the minor road to the wee fishing village of Cove(1hr 50mins)

It is worth taking the wee detour to Cove Harbour and go through the tunnel to a very secluded beach.

Return to the trail and it's only a very short distance along the clifftop path before dropping down to the minor road that will take you in to Pease Bay Caravan Park(40mins)

This is a typical coastal path and with weather permitting you'll get luvly, sea, beach and rugged cliff scenery.

Hopefully finish up with a wee refreshment in the caravan club

14km & 250mts climbing 5hrs approx **This is timed at C pace**

Drop off altogether

Pick up altogether

Alternative Walks

Pentlands Nine Mile Burn–Flotterstone 11km & 650mts climbing approx 5hrs OS66

Kenmore-Acharn-Aberfeldy Rob Roy Way 18km & 500mts climbing approx 7hrs OS52

Innerleithen—Peebles, Cross Border Drovers Road, 14km & 450mts climbing approx 5.5hrs
OS73

Members booked on a club walk should continually check the weather forecast/club website for any changes to the planned walk, the club will try to offer an alternative walk if possible.

If in any doubt contact the bus/walks convenor