



GLENROTHES HILLWALKERS CLUB



Monthly Newsletter – August 2017

Introduction

Welcome to the August edition of the newsletter, the first to be produced with our new Club logo. The main news this month is a change to our plans for the 30th Anniversary celebration, which has been postponed to Tuesday 3rd October at a different venue.

Contributions from members are always welcome - you can email them to the Secretary at secretary@glenrotheshillwalkers.co.uk.

Walks

There were 19 members on the bus for the **July** walk to the Creag Meagaidh area on Sunday 16th. The weather was drizzly and cool to start with high winds for the A and B groups up on Creag Meagaidh – it certainly looked cold if the pictures are anything to go by. The C walk was a lovely walk past Loch Pattack looking onto Ben Alder and along the shore of the loch in almost totally dry conditions, finishing at the tearoom at Dalwhinnie. They even managed to collect Chanterell mushrooms along the way. Thanks to Janice Duncan and Fiona Frayser for the pictures.



A well wrapped up A team on the summit



Andy Brown enjoying his new quiche



Anyone want to suggest a caption? How about "I said pipe down Lynne, not down the pipe!"

There are 3 walks planned around the Lochearnhead area for the **August** walk on Sunday 13th. You can find more details in the [walks programme](#). We have a 33 seat bus and only 21 names so far, so if you would like a seat please contact June Smith by [email](#) or phone on 01592 745613.

Weekends

Not much to report about the last Club weekend, a 3 night stay at the **Rum Bunkhouse** on 28th July. Must have been so good they didn't want anyone else to find out.

The next weekend sees the Club return to the Ariundle Centre at Strontian for a 2 night stay starting on 25th August. Last year the weather was pretty bad, so here's hoping for better this year.

The full weekend programme is available on the [website](#). If you would like to go on any of the future weekends you can book and pay at a Club meeting, or contact Louise Cascarino by [email](#) or phone on 07708 628113.

Meetings

The **August** meeting was well attended with 42 members coming along to find out 4 First Aid topics – how to recognise the early signs of a stroke, how to put someone in the recovery position, how to give CPR, and all about the Automated External Defibrillator (AED). Hopefully they are all now better prepared to deal with a casualty and maybe save a life.

The **September** meeting sees a welcome return by Keela, our local outdoor clothing manufacturer.

Club News

30th Anniversary. In September the Club will celebrate its 30th anniversary. We had originally planned an event at The Lomond Centre on our normal meeting night of Tuesday 5th September, but this proved impractical, so we have delayed by a month and moved to another location.

The event will now start at 6pm on Tuesday 3rd October at the **Gilvenbank Hotel** in Glenrothes. We will start with a buffet with a bar available, followed by a guest speaker. We will then have tea, coffee and cake, followed by a raffle. During the event there will be with a display of photographs covering the 30 year history of the Club meeting. If you would like to attend, please let the Secretary know so that we can order the correct quantity of food. The normal door charge will apply. More details to follow.

Membership Cards. The new credit card size plastic membership cards are now available from the Secretary.

The Club relies on **volunteers** to help out with running the door and making refreshments at the monthly indoor meeting. If you would like to help out at future meetings, please put your name down on the roster [here](#).

.Brian Robertson

Secretary and editor

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